

Presenter Bio

Let's face it ...LIFE HAPPENS!....and when it does Abby Shields is the individual people call to help them learn how to relax, renew and refocus! Some of Abby's recent clients have been the South Carolina Victims Assistance Network, Department of Navy, and the Social Security Department of the country of Belize . Most recently. Abby was asked to be a featured speaker at the 25th Anniversary Celebration of the Focus on the Family Ministry in Colorado Springs. Abby travels extensively across the United States where she encourages individuals about how to have "life that is truly life .

Abby was named to Who's Who of Professional Women and Who's Who of American Educators. She has been a columnist for two newspapers where she encouraged her readers to treat one another with dignity and respect. She created the sought after communication training program "Directionality" that teaches individuals about the Law of Potential.

Her work with a school system in Kentucky was featured on the Today show. She also is the author of Little Bits of Wisdom—a book of tips for parents and kids on surviving the teenage years. Her latest book "Life Happens" will be released in the Spring of 2004.

Abby has been a loving wife to her husband Kerry for 36 years and Mom to Alicia, age 28, and Stephen, age 23.

Abby's friends say that she redefines the term "global warming" as she lays down the cornerstone to her dream that one day all people will treat one another with dignity and respect.